



In *Love + Work*, Marcus Buckingham helps us discover where we are at our best in work and in life.

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You've long been told to "**Do what you love.**" Sounds simple, but the real challenge is how to do this in a world not set up to help you. Most of us actually don't know the real truth of what we love – what engages us and makes us thrive – and our workplaces, jobs, schools, even our parents, are focused instead on making us conform. Sadly, no person or system is dedicated to discovering the crucial intersection between what you love to do and how you contribute it to others.

In this uplifting book, Marcus Buckingham shows how to break free from this conformity – how to decode your own loves, turn them into their most powerful expression, and do the same for those you lead and those you love.

How can you use love to reveal your unique gifts?

How can you pinpoint what makes you stand out from anyone else?

How can you choose roles in which you'll excel?

Love + Work unlocks answers to these questions and others, so you can:

- Choose the right role on the team.
- Describe yourself compellingly in job interviews.
- Mould your existing role so that it calls upon the very best of you.
- Position yourself as a leader in such a way that your followers quickly come to trust in you.
- Make lasting change for your team, your company, your family, or your students.

Love, the most powerful of human emotions, the source of all creativity, collaboration, insight, and excellence, has been systematically drained from our lives – our work, teams, and classrooms.

It's time we brought love back in.

Love + Work shows you how